



77 Easy Things to Declutter From Your Home:

These things on this list should be easy items to let go of. They shouldn't require a lot of thought and typically won't be sentimental items.

If you find yourself getting stuck on any of them, skip it and move on to the next one. The goal here is to make decluttering easier and make progress as quickly as possible.

As a reminder, decluttering doesn't mean every item should go in the trash. Of course, recycle and donate what you can.

Here are 77 easy-to-declutter items to get you started!

General:

1. trash
2. empty containers waiting to be recycled
3. boxes of donations
4. dead batteries
5. burned-out light bulbs
6. gifts you never liked
7. swag that you've gotten from events
8. as seen on tv products that didn't live up to the hype
9. empty jars or containers you saved for craft projects you haven't done
10. craft supplies you bought for a craft you finished or never started
11. inflatable pools, mattresses, or balls that have irreparable holes
12. pet supplies for a pet you no longer have
13. furniture that is beyond repair or that you won't repair

Trash, recycling, & donating

Start by throwing out all the easy obvious trash in your home. This includes anything left out that is clearly trash (kids, why is it so hard to put used tissues in the trash?), and items in trash cans. Next up is taking your recyclables to your local recycling center. Often we collect those for far too long before dropping them off.

Same goes with donations waiting around in your garage or trunk. Take the opportunity to go ahead and get them out of your house or car. For things like batteries and light bulbs, check with your city for proper disposal.

Craft supplies are a common clutter item to have in your home. If you've had them for years and never used them, chances are pretty good you aren't actually going to do that project. Extra supplies are great to offer to local preschools or elementary schools.

Bathrooms:

14. extra toothbrushes
15. old nail polish
16. old make-up
17. bath products you don't like or won't use
18. lotion or perfume that you don't like the smell of
19. expired medicine
20. old toothbrushes
21. stained towels

Donating, research, & cleaning

With some bathroom items you no longer want, check to see if a local shelter or food bank could use them. Another option is gifting them to someone in your community.

It's ok to keep an old toothbrush or two for cleaning around the house. Same goes with stained towels. It's fine for a few to be rags. Just don't keep more than you need.

Bedrooms:

22. worn-out shoes
23. clothes that are stained or ripped beyond repair
24. anything with busted elastic

25. clothes that don't fit
26. clothes that are fussy or with uncomfortable fabric
27. bridesmaid dresses you'll never wear again
28. shoes that hurt your feet
29. accessories you no longer like
30. socks with holes
31. socks missing their mates
32. jewelry that is broken or no longer your style
33. purses that you don't use or that are in bad shape
34. clothes that you don't feel good in
35. sheets with holes or that are pilled
36. maternity clothes if you're done having babies

Clothes aren't always easy things to declutter. Sometimes it is painfully obvious what needs to go. Other times, it can be a bit trickier and less clear. I wrote a post on creating a confidence-inspiring wardrobe. Check it out if you need further guidance on what to keep and what to toss in your closet.

Office:

37. used notebooks
38. magazines you've read
39. books you know you will never read or didn't like
40. old documents you no longer need
41. excess office supplies
42. manuals
43. notes and books from classes you went to many years ago
44. books with broken bindings
45. calendars from years past
46. old stationery and cards
47. floppy disks; any file storage you can no longer access
48. outdated software
49. phone books
50. old technology you no longer use

If you have duplicates of office supplies you know you won't ever use, let them go. Don't keep papers, software, books, or technology from your past that you know you will never ever use again. No need to keep these items as a homage to your past.

Kitchen:

51. kitchen utensils that aren't in good condition or that you don't use
52. chipped or broken dishes
53. expired pantry food
54. food in the fridge that is growing stuff
55. gadgets or kitchen appliances you don't use
56. cookbooks that you no longer use
57. freezer-burned food
58. anything missing its lid

There is so much false advertising when it comes to items that will revolutionize our lives in the kitchen. Some things are great (I'm talking to you, instant pot) and others are just unnecessary (I'm talking to you, banana slicer).

It's time to let go of the food that's gone bad and the items that we no longer use. Let go of the chipped and broken dishes, Cooking will be much more pleasant when you get the clutter out of your way.

Living room:

59. framed decor that didn't make the cut
60. candles you don't like the scent of
61. decor that is no longer your style
62. toss pillows that are lumpy and tired looking
63. movies that you didn't like or are scratched
64. cd's that aren't your taste anymore or that are damaged

Your living room should be relaxing and cozy. Take out the things that you don't love. Let go of the worn-out and tired things. Don't let your living room make you sad. It should bring you joy.

Kids things:

65. games that are missing pieces
66. toys that are broken or outgrown
67. books that are damaged or outgrown
68. coloring books that have been used up

- 69. broken crayons
- 70. old art projects
- 71. backpacks that are broken or falling apart
- 72. baby items if you're done having babies

If you don't have kids at home, you get to skip this section. Yay, you! For the rest of us, go ahead and declutter all the outgrown, damaged, and broken things. I recommend working WITH your kids to do this. For some kids, it comes really easy and others struggle with decluttering. Teach them while they're young so that you aren't always having to do it.

Garage:

- 73. extra supplies from already completed projects
- 74. tools you don't need or use
- 75. dried up paint, glue, spackle, etc.
- 76. anything that is broken and not repairable
- 77. empty boxes & extra packaging

I'm not sure about your house, but at mine, the garage is the dumping zone for things that are broken or that didn't make it to the trash or recycling bin yet. Take the time go through and toss out the items that can't be repaired.

Pass along the tools and supplies you no longer need or are using. The garage is the first thing you see when you return home. Let it be one that is decluttered and doesn't immediately bring you stress.